



# SOCIAL WORK & TOXIC STRESS

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## IDENTIFYING TOXIC STRESS

Toxic stress may not show in individuals until adulthood, manifesting as long-term adverse health effects that trigger stress responses to the brain. NAMI reported that children who experienced at least 4 toxically stressful events are 15 times more likely to attempt suicide.

## SOCIAL DETERMINANTS OF HEALTH



Addressing SDOH through screening is critical in developing the proper treatment plan. Social Workers can help determine the right tools and questions in identifying toxic stress in patients.

## TREATMENT PLANS



Having the appropriate knowledge needed to approach sensitivities related to toxic stress, social workers are the best team members to have when developing an effective treatment plan.

## EDUCATION & PREVENTION



Social Workers are excellent in providing resources and leading the conversations around toxic stress indicators and preventive methods.

### CONTACT US



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